 Action for Healthy Kids, RMC Health and Chef Ann Foundation logos

*Please note that the use of this document is optional. It can be used to gather information needed for the online application portal. Responses can easily be copied from this form and then pasted into the online application. It is recommended to save this document in case technical issues are experienced during the application process.* ***NOTE: All Recognition Award applications must be completed and submitted through the online*** [***Action for Healthy Kids application portal***](https://afhk.my.site.com/s/login/)***.***

***Email us at*** [***awards@healthymealsincentives.org***](mailto:awards@healthymealsincentives.org) ***for technical assistance or questions.***

**Breakfast Trailblazer Award Questions**

**Breakfast Trailblazer - Instructions**

School breakfast can be the foundation to student success. The Breakfast Trailblazer fuels a student’s day by providing a nutritious breakfast with limited added sugars and engages students in planning breakfast menus that are fun and enjoyable.

|  |  |
| --- | --- |
| Please select your School Food Authority (SFA) | |
| SFA Name: | *(Drop down box will allow you to select School District Name)* |

Application Guidelines

* **Documentation:** Award criteria requires supplemental documentation to be uploaded (on the next page) to verify adherence to the award requirements. Each file upload field has a maximum file size of 25MB and can support up to 10 individual files. Please combine your supporting documentation where possible.
* **State Agency Confirmation Letter:** Prior to submitting the Recognition Award application, the State Agency Confirmation Letter from Step 2 of the application process must be submitted. Recognition Award applications may be edited and saved without the letter yet submitted, but the "Submit" button for the application will not be available until the letter has been submitted. Once this is complete, the Recognition Award may be submitted as well.
* **School Sites:** If your SFA only has one school site, you may submit documentation for just that site. If your SFA has three school sites, you must submit documentation for at least 2 sites to meet the 50 percent requirement.

**Breakfast Trailblazer – Application**

Within the past 12 months, the SFA has reduced the use of added sugars in school breakfast.

**1. At least half (≥50 percent) of the schools within the SFA that participate in the SBP must meet the criteria, and all grade levels must be represented.**

Upload a list detailing names and corresponding grade levels for each school in the district participating in the School Breakfast Program (indicating which schools were used to qualify for the award).

Each file upload field has a maximum file size of 25MB and can support up to 10 individual files. Please combine your supporting documentation where possible.

**NOTE:** *The criteria you choose need to be represented on your school menus within the last 12 months, but it does not need to be a change within the last 12 months. The SFA meets this criterion for the award as long as the description and required documentation demonstrate that these changes were sustained and represented on their menus through the past 12 months.*

**2. Within the past 12 months, the SFA has changed their reimbursable school breakfast menus to reduce added sugars, using at least TWO strategies.**

**The following list includes example strategies that the SFA can use to reduce added sugars (additional strategies can also be used):**

* **Only unflavored milk is offered.**
* **All breakfast cereals contain ≤ 6 grams of added sugars per dry ounce.**
* **All yogurts contain ≤ 12 grams of added sugars per 6 ounces.**
* **No grain-based desserts are offered, as defined by superscripts 3, 4, or 5 in the**[***Food Buying Guide for Child Nutrition Program's Exhibit A: Grain Requirements for Child Nutrition Programs***](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/Exhibit_A_Grain_Requirements_For_Child_Nutrition_Programs.pdf)
* **Weekly breakfast menus have been modified to reduce added sugars to less than 10 percent of the calories.**

**Note: Strategies may include products with less added sugars that do not use high-intensity sweeteners, such as artificial or non-nutritive sweeteners, as replacements.**

Please provide a description of each strategy selected including:

* How it was implemented;
* When the change occurred; and
* What the impact was on reducing added sugars (e.g., menus have reduced added sugars by X grams).

Your description should not exceed 800 words total.

**Please upload a breakfast menu for one month that has been posted on the district website or other public location representing all grade groups, including sufficient detail for reviewers to assess the changes. Identify which items on the menu reflect the implemented strategies.**

Each file upload field has a maximum file size of 25MB and can support up to 10 individual files. Please combine your supporting documentation where possible.

**3. The SFA has used student engagement techniques (taste tests, student surveys, cooking demonstrations, or advisory groups) and/or culinary techniques (using herbs and spices, offering flavor stations, etc.) to ensure school meals are enjoyed by students.**

Please provide a description of student engagement activities and/or culinary techniques implemented to assist in the reducing added sugars in school breakfast menus, details about the activities, number of participants, the outcomes, school names, and grades.

Your description should not exceed 800 words total.

**Optional photographs including two or three clear, high-resolution photos of the menu items and any relevant activities with release forms providing USDA with royalty free unlimited rights to the use and printing of the photographs and parental permission forms, when applicable. A high-resolution image is one that's at least 300 DPI, or "dots per inch."**

**If applicable, below are the photo release forms referenced above to select from and upload.**

* [**General Media & Technology Consent-Release Form**](https://www2.actionforhealthykids.org/l/21152/2024-02-02/7nmw8z/21152/1706910338uzGjd21s/HMI_Grantee_General_Media_and_Technology_Consent_Release_Form.pdf)
* [**Media & Technology Consent-Release Form of an Adult**](https://www2.actionforhealthykids.org/l/21152/2024-02-02/7nmw93/21152/1706910510duQnOKeR/HMI_Grantee_Media_and_Technology_Consent_Release_Form_of_an_Adult.pdf)
* [**Media & Technology Consent-Release Form of a Minor**](https://www2.actionforhealthykids.org/l/21152/2024-02-02/7nmw96/21152/1706910668FWtqUlZw/HMI_Grantee_Media_and_Technology_Consent_Release_Form_of_a_Minor.pdf)
* [**Consent for Use of an Entity's Photo-Media Release Form**](https://www2.actionforhealthykids.org/l/21152/2024-02-02/7nmw9z/21152/17069107961fozLoJm/HMI_Grantee_Consent_for_Use_of_an_Entity_s_Photo_Media_Release_Form.pdf)

***The State Agency Confirmation Letter must be submitted prior to submitting the Recognition Award application.***

This institution is an equal opportunity provider.